

Treningsløp Orientering - Mandal 24.09.2019

Løypelegger: Kristen Bue

LANG LØYPE

1.	Stian Skjævesland	25:15	1:32-1 0:00 1:32-1 0:00	1:25-1 0:00 2:57-1 0:00	1:48-4 0:20 4:45-1 0:00	1:09-2 0:01 5:54-1 0:00	1:26-2 0:04 7:20-1 0:00	1:15-1 0:00 8:35-1 0:00	1:48-1 0:00 10:23-1 0:00	1:11-1 0:00 11:34-1 0:00	2:41-2 0:07 14:15-1 0:00	0:41-1 0:00 14:56-1 0:00	3:16-1 0:00 18:12-1 0:00	4:23-1 0:00 22:35-1 0:00	2:40-3 0:53 25:15-1 0:00
2.	Ola Sløgedal	26:22	1:56-4 0:24 1:56-4 0:24	1:43-4 0:18 3:39-4 0:42	1:28-1 0:00 5:07-4 0:22	1:08-1 0:00 6:15-3 0:21	1:26-2 0:04 7:41-3 0:21	1:16-2 0:01 8:57-2 0:22	2:09-2 0:21 11:06-2 0:43	1:23-2 0:12 12:29-2 0:55	2:34-1 0:00 15:03-2 0:48	0:48-2 0:07 15:51-2 0:55	4:06-3 0:50 19:57-2 1:45	4:38-2 0:15 24:35-2 2:00	1:47-1 0:00 26:22-2 1:07
3.	Peder B. Møll	29:36	1:53-3 0:21 1:53-3 0:21	1:26-2 0:01 3:19-2 0:22	1:41-3 0:13 5:00-2 0:15	1:12-3 0:04 6:12-2 0:18	1:22-1 0:00 7:34-2 0:14	1:31-3 0:16 9:05-3 0:30	2:16-3 0:28 11:21-3 0:58	1:51-4 0:40 13:12-3 1:38	3:03-3 0:29 16:15-3 2:00	1:02-4 0:21 17:17-3 2:21	4:35-8 1:19 21:52-3 3:40	5:39-3 1:16 27:31-3 4:56	2:05-2 0:18 29:36-3 4:21
4.	Lars Peder Vaaje	40:03	1:45-2 0:13 1:45-2 0:13	1:40-3 0:15 3:25-3 0:28	1:35-2 0:07 5:00-2 0:15	1:25-5 0:17 6:25-4 0:31	1:33-5 0:11 7:58-4 0:38	1:41-4 0:26 9:39-4 1:04	2:50-6 1:02 12:29-4 2:06	1:28-3 0:17 13:57-4 2:23	3:29-4 0:55 17:26-4 3:11	1:01-3 0:20 18:27-4 3:31	4:08-4 0:52 22:35-4 4:23	5:54-4 1:31 28:29-4 5:54	11:34-8 9:47 40:03-4 14:48
5.	Egil Andersen	41:41	3:03-8 1:31 3:03-8 1:31	2:20-6 0:55 5:23-7 2:26	2:13-5 0:45 7:36-6 2:51	1:57-6 0:49 9:33-6 3:39	2:17-9 0:55 11:50-6 4:30	2:18-8 1:03 14:08-6 5:33	3:22-7 0:51 17:30-7 7:07	2:02-7 0:51 19:32-7 7:58	4:26-6 1:52 23:58-7 9:43	1:18-6 0:37 25:16-7 10:20	6:20-9 3:04 31:36-8 13:24	7:18-5 2:55 38:54-5 16:19	2:47-5 1:00 41:41-5 16:26
6.	Team MHI	48:49	3:00-7 1:28 3:00-7 1:28	2:45-9 1:20 5:45-8 2:48	3:22-9 1:54 9:07-8 4:22	2:06-7 0:58 11:13-8 5:19	2:00-7 0:38 13:13-8 5:53	2:05-7 0:50 15:18-8 6:43	3:48-8 2:00 19:06-8 8:43	2:10-9 1:54 21:16-8 9:42	4:28-7 1:54 25:44-8 11:29	1:12-5 0:31 26:56-8 12:00	4:18-6 1:02 31:14-7 13:02	9:04-6 4:41 40:18-7 17:43	8:31-7 6:44 48:49-6 23:34
7.	Arvid Andersen	50:10	2:28-5 0:56 2:28-5 0:56	1:59-5 0:34 4:27-5 1:30	2:35-8 1:07 7:02-5 2:17	1:24-4 0:16 8:26-5 2:32	1:34-6 0:12 10:00-5 2:40	1:57-6 0:42 11:57-5 3:22	2:39-5 0:51 14:36-5 4:13	2:02-7 0:51 16:38-5 5:04	6:19-8 3:45 22:57-5 8:42	1:54-9 1:13 24:51-6 9:55	4:32-7 1:16 29:23-6 11:11	12:57-8 8:34 42:20-8 19:45	7:50-6 6:03 50:10-7 24:55
8.	John Øyslebø	52:41	2:48-6 1:16 2:48-6 1:16	2:27-7 1:02 5:15-6 2:18	2:22-7 0:54 7:37-7 2:52	2:16-8 1:08 9:53-7 3:59	2:02-8 0:40 11:55-7 4:35	2:19-9 1:04 14:14-7 5:39	2:36-4 0:48 16:50-6 6:27	2:01-6 0:50 18:51-6 7:17	4:21-5 1:47 23:12-6 8:57	1:26-8 0:45 24:38-5 9:42	4:14-5 0:58 28:52-5 10:40	10:32-7 6:09 39:24-6 16:49	13:17-9 11:30 52:41-8 27:26
9.	Line Skjævesland	54:00	4:24-9 2:52 4:24-9 2:52	2:30-8 1:05 6:54-9 3:57	2:13-5 0:45 9:07-8 4:22	3:39-9 2:31 12:46-9 6:52	1:29-4 0:07 14:15-9 6:55	1:56-5 0:41 16:11-9 7:36	5:55-9 4:07 22:06-9 11:43	1:58-5 0:47 24:04-9 12:30	7:29-9 4:55 31:33-9 17:18	1:19-7 0:38 32:52-9 17:56	3:59-2 0:43 36:51-9 18:39	14:25-9 10:02 51:16-9 28:41	2:44-4 0:57 54:00-9 28:45

MELLOMLØYPE

1.	Kari/Kaia/Eirik Uglund/Glesne	39:56	1:54-1 0:00 1:54-1 0:00	2:19-1 0:00 4:13-1 0:00	2:13-1 0:00 6:26-1 0:00	1:26-1 0:00 7:52-1 0:00	2:06-1 0:00 9:58-1 0:00	3:42-1 0:00 13:40-1 0:00	6:07-1 0:00 19:47-1 0:00	5:21-1 0:00 25:08-1 0:00	6:14-1 0:00 31:22-1 0:00	1:27-1 0:00 32:49-1 0:00	4:09-1 0:00 36:58-1 0:00	2:31-1 0:00 39:29-1 0:00	0:27-1 0:00 39:56-1 0:00
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