

LANG LØYPE 3,1 KM

1.	Ola Sløgedal	45:21	1:59-2 0:27 1:59-2 0:27	3:30-2 0:18 5:29-2 0:45	2:05-1 0:00 7:34-2 0:07	1:56-2 0:05 9:30-2 0:12	3:22-2 0:39 12:52-2 0:51	3:42-2 0:30 16:34-2 1:21	2:33-1 0:00 19:07-2 1:07	4:44-3 0:56 23:51-2 1:31	1:46-1 0:00 25:37-1 0:00	2:33-1 0:00 28:10-1 0:00	3:27-3 0:08 31:37-1 0:00	3:14-2 0:17 34:51-1 0:00	3:08-2 0:04 37:59-1 0:00	2:33-6 0:20 40:32-1 0:00	3:10-4 1:12 43:42-1 0:00	1:39-6 0:46 45:21-1 0:00	
2.	Stian Skjævesland	55:23	1:32-1 0:00	3:12-1 0:00	2:43-2 0:38	1:51-1 0:00	2:43-1 0:00	3:12-1 0:14	2:47-2 0:00	4:20-2 0:32	3:53-11 2:07	3:39-7 1:06	13:04-9 9:45	3:36-5 0:39	3:44-6 0:40	2:16-2 0:03	1:58-1 0:00	0:53-1 0:00	0:00
3.	John Øyslebo	65:21	5:07-10 3:35	5:13-9 2:01	2:50-4 0:45	3:13-8 1:22	4:41-6 1:58	5:36-5 2:24	3:33-5 1:00	5:14-5 1:26	2:23-7 0:37	3:13-3 0:40	3:19-1 0:00	3:21-4 0:24	4:50-7 1:46	7:35-10 5:22	3:42-7 1:44	1:31-4 0:38	5:07-10 3:35
4.	Egil Andersen	65:51	3:00-6 1:28	5:09-8 1:57	3:27-7 1:22	3:41-10 1:50	5:13-8 2:30	6:09-6 2:57	3:58-7 1:25	5:22-6 1:34	2:09-2 0:23	3:37-6 1:04	5:42-7 2:23	5:42-10 2:45	3:20-4 0:16	2:27-5 0:14	5:20-11 3:22	1:35-5 0:42	3:00-6 1:28
4.	Leon Sløgedal Unosen	65:51	3:00-6 1:28	5:09-8 1:57	3:27-7 1:22	3:41-10 1:50	5:13-8 2:30	6:09-6 2:57	3:58-7 1:25	5:22-6 1:34	2:09-2 0:23	3:37-6 1:04	5:42-7 2:23	5:42-10 2:45	3:20-4 0:16	2:27-5 0:14	5:20-11 3:22	1:35-5 0:42	3:00-6 1:28
4.	Ulrik Sløgedal Unosen	65:51	3:00-6 1:28	5:09-8 1:57	3:27-7 1:22	3:41-10 1:50	5:13-8 2:30	6:09-6 2:57	3:58-7 1:25	5:22-6 1:34	2:09-2 0:23	3:37-6 1:04	5:42-7 2:23	5:42-10 2:45	3:20-4 0:16	2:27-5 0:14	5:20-11 3:22	1:35-5 0:42	3:00-6 1:28
5.	Arvid Andersen	70:09	4:22-9 2:50	5:07-7 1:55	4:33-8 2:28	3:24-9 1:33	4:53-7 2:10	6:44-9 3:32	5:16-11 2:43	5:50-8 2:02	2:27-8 0:41	3:30-4 0:57	5:28-6 2:09	5:54-11 2:57	3:23-5 0:19	2:23-4 0:10	5:07-10 3:09	1:48-9 0:55	4:22-9 2:50
6.	Camilla Aasrum	72:48	5:16-11 3:44	6:41-11 3:29	3:17-6 1:12	3:09-6 1:18	9:02-11 6:19	6:12-7 3:00	3:46-6 1:13	6:12-9 2:24	2:49-10 1:03	3:34-5 1:01	4:24-4 1:05	4:34-6 1:37	5:07-8 2:03	3:09-7 0:56	3:38-6 1:40	1:58-10 1:05	5:16-11 3:44
7.	Peder B. Møll	73:12	3:01-7 1:29	4:27-3 1:15	16:47-11 14:42	2:18-3 0:27	4:32-4 1:49	8:59-11 5:47	3:28-4 0:55	5:10-4 1:22	2:16-5 0:30	3:12-2 0:39	3:23-2 0:04	3:15-3 0:18	5:25-10 2:21	2:21-3 0:08	3:09-3 1:11	1:29-3 0:36	3:01-7 1:29
9.	Øyvind Udø	77:29	3:28-8 1:56	4:33-5 1:21	15:17-10 13:12	3:11-7 1:20	4:15-3 1:32	7:12-10 4:00	2:57-3 0:24	3:48-1 0:00	2:11-3 0:25	5:54-10 3:21	10:56-8 7:37	2:57-1 0:00	3:04-1 0:00	3:35-9 1:22	2:50-2 0:52	1:21-2 0:28	3:28-8 1:56
10.	Lars Peder Vaaje	79:10	2:20-3 0:48	4:29-4 1:17	2:44-3 0:39	2:24-4 0:33	6:25-10 3:42	5:07-3 1:55	4:16-9 1:43	5:29-7 1:41	2:11-3 0:25	3:54-8 1:21	4:47-5 1:28	4:52-7 1:55	14:06-11 11:02	8:21-11 6:08	4:46-9 2:48	2:59-11 2:06	2:20-3 0:48
11.	Jørgen Sæbo	85:02	2:58-5 1:26	6:00-10 2:48	9:17-9 7:12	5:11-11 3:20	4:34-5 1:51	5:17-4 2:05	4:03-8 2:35	6:23-10 0:31	2:17-6 1:55	4:28-9 1:55	16:01-11 12:42	5:17-9 2:20	5:10-9 2:06	3:12-8 0:59	3:12-5 1:14	1:42-7 0:49	2:58-5 1:26
12.	Kristen Bue	93:49	2:47-4 1:15	5:02-6 1:50	3:13-5 1:08	2:58-5 1:07	5:54-9 3:11	6:14-8 3:02	4:23-10 1:50	17:09-11 13:21	2:39-9 0:53	12:37-11 10:04	14:14-10 10:55	5:09-8 2:12	3:19-3 0:15	2:13-1 0:00	4:14-8 2:16	1:44-8 0:51	2:47-4 1:15

MELLOMLØYPE 1,7 KM

1.	Tor Arne Næstad	57:10	4:09-1 0:00	9:42-1 0:00	4:15-1 0:00	10:19-1 0:00	4:55-2 1:04	4:37-1 0:00	8:04-2 2:22	1:09-1 0:00	3:17-2 0:01	4:43-2 0:55	2:00-2 0:34
			4:09-1 0:00	13:51-1 0:00	18:06-1 0:00	28:25-1 0:00	33:20-1 0:00	37:57-1 0:00	46:01-1 0:00	47:10-1 0:00	50:27-1 0:00	55:10-1 0:00	57:10-1 0:00
2.	John Gunnar Lauvdal	58:29	5:05-2 0:56	12:32-2 2:50	4:26-2 0:11	10:21-2 0:02	3:51-1 0:00	6:22-2 1:45	5:42-1 0:00	1:40-2 0:31	3:16-1 0:00	3:48-1 0:00	1:26-1 0:00
			5:05-2 0:56	17:37-2 3:46	22:03-2 3:57	32:24-2 3:59	36:15-2 2:55	42:37-2 4:40	48:19-2 2:18	49:59-2 2:49	53:15-2 2:48	57:03-2 1:53	58:29-2 1:19